

# Pro-Health & Fitness Membership

## Pro-Health Locations

Merritt Island — 321.434.5801  
255 Borman Drive (Health First Healthplex)

Melbourne — 321.434.7149  
611 East Sheridan Road

Palm Bay — 321.722.5943  
5270 Babcock Street NE

Viera — 321.434.9149  
8705 North Wickham Road (Viera Health Park)

## Getting started

This Pro-Health membership benefit is part of all fully-insured Health First Health Plans (HFHP) group coverage. Present your HFHP ID card with your driver's license to the front desk staff at any Pro-Health location, and they'll give you any forms you need to start your fitness center membership.

## Already a member of Pro-Health?

**You must contact the fitness center to update your records and adjust your payment to reflect your new membership.** The new rate will be effective the first day of the month after you have completed the paperwork at Pro-Health, regardless of your new eligibility date. You do not need to wait for your member ID card to make these changes. Pro-Health cannot issue any credits or refunds.

Fitness membership for Health First Health Plans' members	Enrollment fee	Monthly fee
Employee and dependents (age 13 years and older)	None	None

Discounts for non-covered dependents*	Enrollment fee	Monthly fee
• 1st dependent (age 13 years and older)	\$25	\$20
• Additional dependent(s) (age 13 years and older)	\$25	\$12

Kidfit Childcare for Pro-Health & Fitness members	Enrollment fee	Monthly fee
• 1st dependent (under 13 years of age)	None	\$20
• Additional dependent(s) (under 13 years of age)	None	\$12

## Questions?

Contact Customer Service at

**321.434.5665 or 1-800-716-7737 (TDD: 1-800-955-8771)**

7 days a week from 8 a.m. to 8 p.m.



[www.HealthFirstHealthPlans.org](http://www.HealthFirstHealthPlans.org)

*Inspiring healthy moments.*

*\*If you, the employer are covered as a "subscriber only", you may receive discounts for your dependents. Pro-Health rates listed here apply only to employees enrolled in Health First Health Plans, and their families. If the second family member puts his or her membership on hold, the third family member then becomes the second family member and will be charged accordingly. If you have any medical conditions or are 60 years of age or older, you must have a Pro-Health Physician Referral form completed and signed by your doctor. Pro-Health membership may not be included for those covered by self-insured plans — check with your benefits administrator or HFHP customer service for details.*